MONKEYPOX FACTS

What is Monkeypox?

Monkeypox is a rare disease caused by infection with the monkeypox virus. The monkeypox virus is part of the same family of viruses as the variola virus, which causes smallpox. Monkeypox symptoms are similar to smallpox symptoms but milder, and monkeypox is rarely fatal.



How does it Spread?

Monkeypox can spread to anyone through person-to-person, close, skin-to-skin contact, bodily fluids, and contact with objects, fabrics (clothing, bedding, or towels), and surfaces that someone has monkeypox has used.



What to look for:

A rash that can look like pimples or blisters that appear on the face, inside the mouth, and on other parts of the body, like the hands, feet, chest, genitals, or anus.



Symptoms

- Fever
- Headache
- Muscle aches & backache
- Swollen lymph nodes
- o Chills
- Exhaustion
- Rash



How long does it last? 2-4 Weeks

The incubation period (interval from infection to onset of symptoms) is usually from 6 to 13 days but can range from 5 to 21 days.



Is the primary vaccine being used in the U.S. during this outbreak. It's a two doses series to be given 28 days apart. You're considered vaccinated against monkeypox 14 days after receiving your second vaccine dose.



When to see your doctor:

You have signs or symptoms, or you've been in close contact with someone who has tested positive for monkeypox.

If you show symptoms:

- See healthcare provider
- Avoid close contact with others until examination by a healthcare provider.
- Rashes on the body should be covered with clothing, gloves or bandages.
- Avoid close contact with pets or other animals.
- If you're waiting for test results, continue with the above precautions.



Treatments?

Tpoxx is an antiviral used to treat the monkeypox virus in adults and pediatric patients who are immune-compromised or with weakened immune systems.

Keep in Mind:



Monkeypox looks very similar to Syphilis, herpes or chickenpox, so make sure to talk to your healthcare provider.

REFERENCES: Midland Health Department (432) 681-7613 or CDC.gov